A Case Study:

Techniques for Excreting Uric Acid Crystals in a Human Body –Part 1

Keiji Taniguchi

Honorary Professor of Fukui University in Japan, and Xi'an University of Technology in China

This note deals with techniques for excreting uric acid crystals in a human body. As excretion paths, there are four major distinct routes: nostrils, gums, hands, and feet.

They are cleaned by flowing warm water of about forty degree's Centigrade. These operations look like that are equivalently working as kidneys.

Index Terms — Uric acid crystals, Excretion of uric acid crystals, Accumulation of uric acid crystals,

1. Introduction

It is very important to keeping the health how to excrete waste materials, i.e., uric acid crystals accumulated in a human body.

This note deals with techniques for excreting uric acid crystals accumulated in a human body.

2. Generation of Uric Acid Crystals

The day-time series variations of uric acid values are shown in **Fig.1**. In this figure, the diffrence value **"A"** expresses the accumulated values of uric acid crystals. This phenomenon may be caused by the hard training of the swimming practice of the anaerobiotic movement in the senior people under the water temperature of the swimming pool, which is lower (about 30 degree's Centigrade) than the human body temperature.

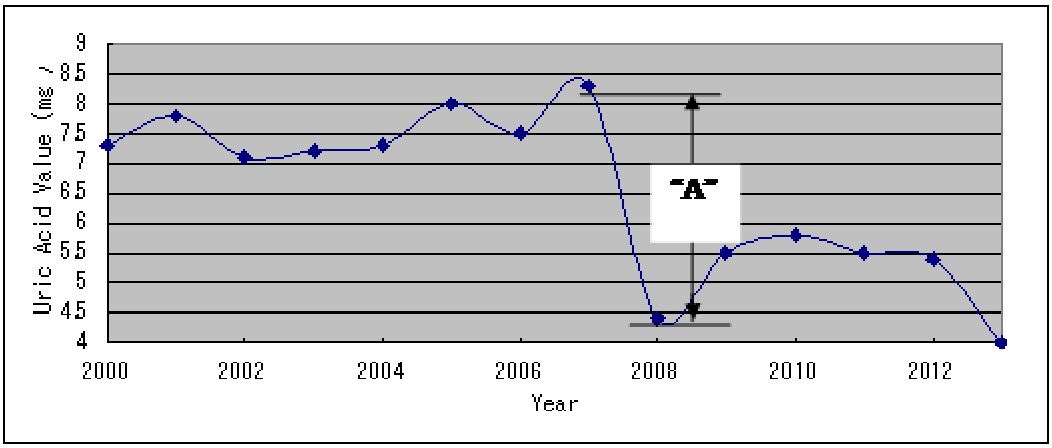

Fig.1 Day-time series variations of uric acid values

3. Method for Excretion

Fig.2 shows a flow graph for excreting uric acid crystals accumulated in a human body. As shown in this figure, there are four major distinct routes.

(1) Excretion from nostrils, i.e., cleaning nostrils done by using warm water,

(2) Excretion from gums, i.e., establishing artificial accumulators in the positive feed back loop, and cleaning these ones,

(3) Excretion from hands, and feet, i.e., they are especially excreted from the soles of feet, and from spaces between nails and skins of hands and feet. Some of soap can be used for cleaning uric acid crystals.

4. Results -1

Fig.3 shows day-time series variations of hemoglobin A1c (HbA1c). A systematic excretion of uric acid crystals was started from May 20,2015. The measurement of Hb A1c was done on November 11, 2015. As evident from **Fig.3**, this value was 5.8.

A recent measurement was done on February 3, 2016, and this value was 5.5.

From the results mentioned above, the excretion effects of uric acid crystals shown in **Fig.2** were very effective.

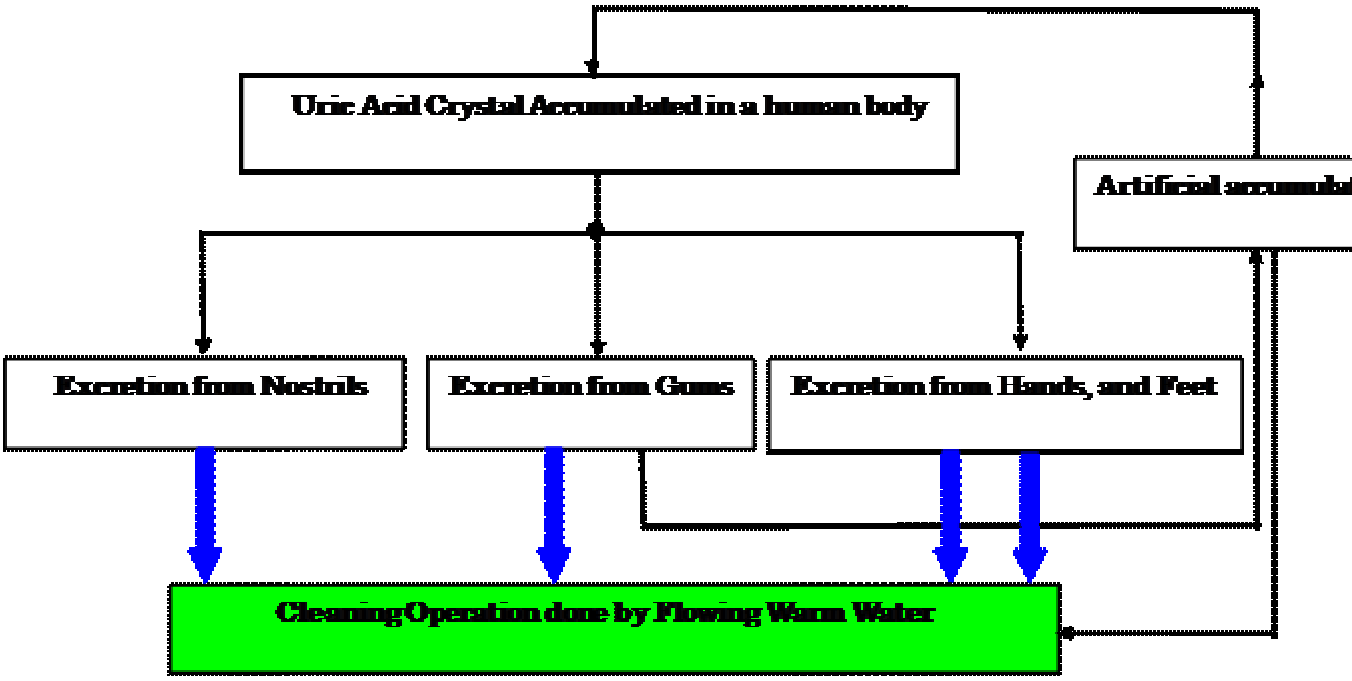

Fig.2 Flow graph for excreting uric acid crystals accumulated in a human body

Table 1 shows the total average values of uric acid crystals excreted from hands, feet, and body. Due to decreasing the HbA1c, the total average values of uric acid crystals excreted from hands, feet, and body on February 1-29, 2016 were increased 1.2 g/minute in comparison with that on November1-30, 2015.

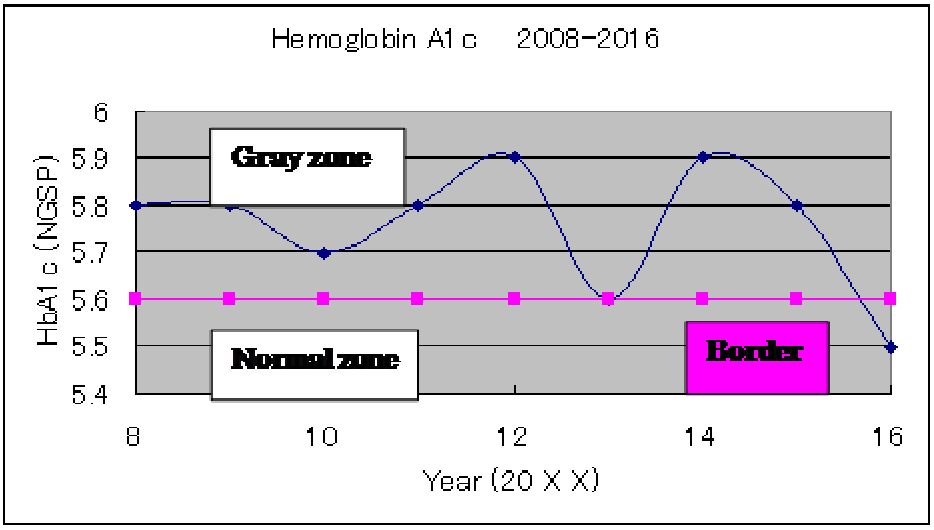

Fig.3 Day-time series variations of hemoglobin A1c

Table 1. Average excretion values of uric acid crystal and average body weights

	Total average values of uric acid crystals excreted from hands, feet, and body	Average body weight	
		Before excretion	After excretion
November 1-30, 2015	13.9 (gram/minute)	62.3(Kg)	60.7(Kg)
February 1-29, 2016	15.1 (gram/minute)	62.6(Kg)	60.8(Kg)

5. Conclusions-1

These techniques mentioned above were very effective for excreting uric acid crystals accumulated in the human body. As the excretion paths in the human body, there are four major distinct routes: nostrils, gums, hands, and feet. They are cleaned by flowing warm water of about forty degree's Centigrade.

These operations look like that are equivalently working as kidneys. They may be able to play an important role for preventive metabolic syndrome.

6.Reference

Patent Application 2015-XXXXXX